

Programs and Services

Patient Directions

You will be asked not to eat or drink anything at least six to eight hours prior to surgery. On the morning of your surgery you may be given medication before being taken to the theatre.

Discounted Pricing

Doctors Hospital is proud to offer our private pay patients the convenience of surgery without the financial constraints. In order to serve you better, we have established a list of most common procedures with a specified price to allow you to better prepare for your surgery. The discounted price does not include the cost for your surgeon or anesthesiologist. To find out if your surgery is on our list, please contact our Customer Services department at 302-4735.

Frequently Asked Questions (FAQ's)

What should I expect after surgery?

After your surgery you will remain in the recovery room until you are transferred to one of our patient rooms or discharged home.

How much will my surgery cost?

The cost to you will depend on what your individual insurance plan will cover. For private pay patients, discounted prices are available and payment plans may be arranged according to your financial abilities. The cost of the surgery will usually not include the charges for your surgeon or anesthesiologist.

How long will the surgery take?

It will depend on what type of surgery you have. Your doctor will be able to answer the duration depending on your surgery.

How do you pre-register for surgery?

The Customer Service Department is available Monday through Friday from 8am-5pm on the first floor of the hospital. After hours, you may pre-register in the Emergency Room reception area.

What time should I come to the hospital?

It is required that you arrive 40 minutes before the scheduled time of surgery.

Where should I go when I come to the hospital?

Proceed to customer service on the first floor Monday through Friday, 8am-5pm, or the Emergency Room registration after-hours. Our security personnel will escort you to the floor or the operating rooms on the second floor.

Where is the Anesthesiologists' office?

Customer Service would ascertain from the doctors office or operating room, who the anesthetist will be for the surgery, and give the patient the telephone number and directions.

What should I bring to the hospital?

You should bring your personal hygiene products, a dressing gown, and anything to make you more comfortable. Please leave all valuables at home. You should call the recovery room in advance for information on special devices, implants or parts which your surgeon may have requested you bring.

Resources

Through Doctors Hospital, you are linked to all the capabilities of its network of resources. At Doctors Hospital, we provide the resources you need to achieve optimum health.

Personal Belongings

It is strongly advised for all patients to leave personal belongings and valuables at home.

Visitors

Doctors Hospital realizes that friends and family play an important role in the recovery process. Two persons are allowed in the Recovery Room for a five minute visit after your surgery. However, to ensure that you get the rest that you need, our posted visiting hours are from 9:00am to 9:00pm daily.

Insurance

Insurance coverage varies depending on one's individual policy and plan. For those patients who have insurance, please check with your insurance company on your benefits and what your individual insurance plan covers.

Admission

For your convenience, you may either register in advance with the Customer Service Department or register upon arrival to the hospital. Pre-registered patients will be taken to their pre-assigned room or sent for prescribed tests as soon as possible. Those who have not pre-registered will be required to provide pertinent information about themselves and their insurance coverage upon arrival at the hospital. All information submitted in registering will be kept strictly confidential. All registered patients must pay a deposit or a co-pay. The amount of the deposit will vary depending upon the services they require, and in some case depending on the nature of their insurance plan. To contact our Guest Services representative please call 302-4735 and we will be glad to answer any of your questions.



Having an Operation?

For An Appointment or More Information Call:

Operating Room & Recovery Room Call 302-4762

We Can Help



DOCTORS HOSPITAL

Health For Life

#1 Collins Avenue, P. O. Box N 3018, Nassau, Bahamas
Telephone: (242) 302-4600 or 322-8411 • Fax: (242) 322-3284
www.doctorshosp.com or email: info@doctorshosp.com

We Can Help



DOCTORS HOSPITAL

Health For Life

Surgery at Doctors Hospital

Our Operating Room is widely recognized as the leader in surgical innovative care in The Bahamas. For over half a century, our doctors and surgical staff have advanced the skills and technology necessary for highly complex operations such as heart surgery, brain surgery, or for minimally invasive procedures such as arthroscopic knee surgery or laparoscopic surgery.

A highly competent staff of skilled surgeons, surgical technicians, registered nurses, and anesthesiologists form the team for our three operating theatres and an eight patient recovery area. Our operating and recovery room staff possess skills required to carry out even the most complex operations. Our surgical expertise includes endoscopic, gynecological, neurological, and open-heart surgery as well as ENT, ophthalmic and plastic surgery.

All of our operating theatres are outfitted with the most sophisticated equipment. The Surgical Suite features pre- and post-procedure areas for any patient from pediatrics to adults. Patients can choose from 25 comfortable, air-conditioned rooms available for in-patient management of pre- and post-operative procedures, some of which have piped oxygen, suction and compressed air facilities if necessary for the more seriously ill patients.

With our skilled surgeons and staff being backed with the latest technological equipment, we provide the most efficient and painless surgical services, enabling most patients to go home on the day of surgery. Our objective is to make each patient's stay with us as comfortable and stress free as possible. While many surgical procedures require an overnight stay, most patients are treated on an outpatient basis. Our surgical team work together to offer you a convenient and comfortable health care experience.

Advances

At Doctors Hospital, we are a leader in technology, committed to excellence, and top physicians. One of the most important advances introduced in Gynecology by Dr. Ronald Patterson in 1986 is laparoscopic surgery, which is performed through a scope with a digital video camera. This has dramatically changed the way surgery is performed.

Surgeons can now do major operations through tiny incisions. The camera sends a picture of the surgical field to a TV monitor, which is viewed by the surgeons as they manipulate instruments. By providing the surgeon with digital prints and videotapes for their charts, the surgeon is better able to provide effective treatment and communication with their patients. By the mid 1990's, Dr. Charles Diggiss had introduced laparoscopy in General Surgery.

The result is less pain, a shorter hospital stay and a faster recovery. By providing more tests and treatments without an overnight hospital stay, we continue to save our patients both time and money.

Surgeons

There are over 120 active physicians on our medical staff who have met the rigorous standards of Doctors Hospital. Most active member physicians are certified in their specialty. They have also met stringent requirements for ongoing medical education, training, and performance. They represent a variety of specialties including: Cardiovascular Surgery, General Surgery, Gastroenterology, Gynecology, Neurosurgery, Oral Surgery, Otolaryngology (ENT), Plastic and Reconstructive Surgery, Orthopedics, and Vascular Surgery.



Minimally invasive surgery offers an alternative to traditional open surgery. The benefit to patients is less pain, a shorter hospital stay and faster recuperation.

Day Surgery

Doctors Hospital offers same day surgery with recovery room facilities in a peaceful, private setting. This is a comprehensive center where patients collaborate with their physician consultant to arrive at the best possible solution to suit their medical needs.

The Surgical area caters to patients requiring surgical procedures that allow the patients to safely go home on the same day or following an overnight observation, or duration dependant upon patient needs. The Operating Room and Post Anesthesia Care unit provides competent pre and post operative patient care. Some of the procedures performed include:

- Hernia repairs
- Laparoscopic Pelvic Surgery
- Plastic/Reconstructive Surgery
- Endoscopic Procedures
- General Minor & Major Surgery
- Podiatry
- Gynecology
- ENT Surgery
- Ophthalmic Surgery

Overnight Stay

If overnight stay is required, patients recover in one of our newly decorated rooms. Our professional nursing staff are trained in the care of medical, surgical, pediatric and rehabilitation medicine. Our nursing team provides a nurse-to-patient ratio which creates an intimate and enjoyable stay for patients and their family during recovery.

With our 72 beds, Doctors Hospital provides patient-focused care, bringing treatment directly into the hospital room or unit via portable equipment and cross-trained staff, for increased privacy and efficiency.

Surgery at Doctors Hospital

Cesarean Section

If you are scheduled to have a cesarean section, we understand the importance of family and friends to assist in your recovery. If your cesarean section is performed under an epidural or spinal, one person is allowed in the operating room to support and assist you and help initiate bonding with the baby.

Recovery

The operating suite is equipped with a complete recovery room. Post surgical patients are monitored and observed by the nursing staff to assure full recovery before being returned to their rooms or discharged home.

Anesthesiology

A highly qualified team of anesthesiologists administer anesthesia for various surgical procedures. Your anesthesiologist will visit you before you are taken to the operating suite and will remain with you until you make a full recovery. If you do not have an anesthesiologist, we can refer one to you.

Pain Management

In order to make you feel more comfortable and at ease during your procedure, our team of anesthesiologist may administer effective treatments to reduce your pain.

Cathlab

The Doctors Hospital Cathlab is the only Cathlab in New Providence. The function of the Cardiac Catheterization Laboratory (CCL), called a "cath lab" for short, is to diagnose and treat cardiovascular disease.

Critical Care

Medical, surgical, coronary and respiratory intensive care beds are available for patients who require special care. The unit is equipped with sophisticated monitoring equipment and staffed by qualified, experienced nurses trained in providing and caring for critical care patients.

Emergency Services

In addition to our surgical suite, we have an on-call response team which in conjunction with Emergency Medical Services can handle any emergency.

Medical Facts

The first open heart surgery was performed in 1995 by Dr. Duane Sands.
The first Kidney transplant was performed in 1992 by Dr. Robin Roberts.
We pioneered digital video endoscopic surgery in 1986 by Dr. Ronald Patterson.
Our Organ harvesting program was initiated in 1999 by the University of Miami
The first arthroscopic surgery was performed in 1989 by Dr. Granville Bain

Over 50,000 surgical procedures have been performed at Doctors Hospital.